



## **Episode 8.5: Let's Chat! Transitioning from Residency to Body Fellowship**

[0:00] Advice for transitioning to fellowship?

Dr. William Hong (Body fellow): Imagine yourself as an independent radiologist. Readouts should be a discussion with the attending rather than the attending pointing out findings. Moonlighting is beneficial to maintain general knowledge.

Dr. Komal Chughtai (Body fellow): Focus on MRI. Go beyond just reading the study. Pay attention to how protocols are compiled and built. Take a look at SAR website for resources before applying to fellowship. For example, you can find a comparison of all the curricula for all body programs in the country

Dr. Aman Khurana (Body attending): Body fellowship is hard, but rewarding. Start reading body-focused radiology papers (such as MR rectal cancer staging and MR defecography)

Dr. Luyao Shen (Body attending): Knowledge from residency is not enough for body fellowship. Look at all findings, synthesize big picture, and stay clinically relevant. Speed will come over time. Don't expect an easy fellowship at any program. Set low expectations to maintain mental health. Body is probably the second hardest fellowship behind IR with the amount of call. Do not believe that you deserve more than what you got. This is the wrong mentality.

Dr. Lindsey Negrete (Body attending): A big pitfall was plowing through cases to increase volume. Slowing down can help prevent mistakes. "Chart biopsy" learn the history and surgical history. Try to follow up on cases to help with learning and retention, make following up fun by contacting others involved in the case.